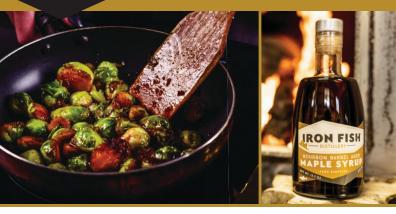
BOURBON BARREL AGED MAPLE SYRUP CARAMELIZED VEGETABLE



IRON FISH BOURBON BARREL AGED MAPLE SYRUP CARAMELIZED VEGETABLES

THIS MIGHT BE OUR FAVORITE ALL TIME RECIPE, BOURBON BARREL AGED CARAMELIZED VEGETABLES! THE BARREL AGED SYRUP REALLY PAIRS WELL WITH BRUSSELS SPROUTS, SWEET POTATOES, BUTTERNUT SQUASH, ASPARAGUS, MUSHROOMS, CARROTS, AND REALLY ANY ROOT VEGETABLE. THE SECRET TO USING THE BARREL-AGED MAPLE SYRUP WITH VEGETABLES IS SIMPLY DRIZZLING IT ON DURING THE LAST FEW MINUTES OF COOKING. IT WON'T TAKE LONG AT ALL FOR THE MAPLE TO REALLY WARM UP AND CARAMELIZE.

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